

## **Clinical Trials at the Lou Ruvo Center for Brain Health**

We conduct clinical trials to advance new treatments and diagnostic approaches for patients with Alzheimer's, Parkinson's and Huntington's disease, multiple sclerosis and frontotemporal dementia.

### **What Are Clinical Trials and Why Are They Conducted?**

- A clinical trial is a research process that is used to test new ways of treating disease.
- There are many different types of clinical trials, from interventional (which include pill, infusion, device, diagnostic approach) to non-interventional (which include observations and follow-up without active treatment).
- Clinical trials are the only way to test new drugs and advance treatment.
- All drugs have to be tested in clinical trials to show they are safe and effective before they can be approved by the FDA to treat patients.

### **Why Should I Get Involved With Clinical Trials?**

- Many people get involved because they want to help those suffering from a disease.
- Others get involved to help themselves and because they will have access to the newest medication which is not available to the general public in addition to more comprehensive assessments.
- The success of finding a new treatment depends on having enough patients to participate.
- Your involvement is the key to finding cures and preventing the onset of brain diseases.


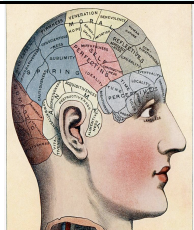
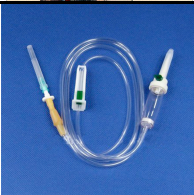

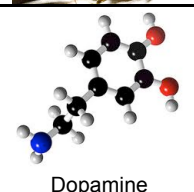
### **How Do I Participate?**

Learn more about current trials at Cleveland Clinic Lou Ruvo Center for Brain Health at [clevelandclinic.org/brainhealth](http://clevelandclinic.org/brainhealth) or:

- Call: 702.685.7073
- E-mail: [brainhealth@ccf.org](mailto:brainhealth@ccf.org)

You could do something today to make a difference for your family and your community. At your next visit, ask your doctor if clinical trials are right for you.

# Clinical Trials Currently Enrolling

	Study Name	Study Description	Age	Duration	Study Tests	Treatment
	Avanir Study	New drug to treat agitation in <b>Alzheimer's patients.</b>	50-90	10 weeks (8 clinic visits)	ECG Function and memory tests	Oral Tablets Daily
	B.E.A.T. AD	Test an approved cancer drug in treating <b>Alzheimer's patients.</b>	50-90	10 weeks (7 clinic visits)	MRI PET Scan Blood test Memory and function tests	Oral Tablets Daily
	IGIV Study	Test an intravenous drug to slow the progression of <b>Alzheimer's disease.</b>	50-89	71 weeks (Every 2 weeks for a total of 36 infusion visits)	MRI ECG Blood test Memory and function tests	Intravenous
	Resveratrol Study	Test a drug to slow the progression of <b>Alzheimer's disease.</b> The active ingredient of the drug can be found in plants, grapes skin and red wine.	50 or older	52 weeks (10 clinic visits: 1 visit every for 6-7 weeks)	Lumbar puncture ECG test Blood test MRI Memory and function test	Oral Tablets Daily
 Dopamine	B04 Study	Test a new method of diagnosing <b>Parkinson's disease.</b>	40 or older	18 months (3 clinic visits: Screening, month 6 and month 18)	ECG Test Blood Test MRI PET Scan Memory and function tests	Imaging

**Stay tuned for more information on upcoming clinical trials: the NICE Study and the Prevention Study**

**For more information on how to get involved, please contact:**

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702.685.7073 or [brainhealth@ccf.org](mailto:brainhealth@ccf.org)